



# YOGA HOLIDAYS 17 JULY - 12 AUGUST



WITH SAMASTHI YOGA SCHOOL

📍 KOH PHANGAN ISLAND, THAILAND  
Bounty Resort



Yoga and meditation classes every morning from 7.00 to 9.30 and other activities (Optional).

- THAI CUISINE
- THAI MASSAGE
- SNORKELING
- KAYAK
- PADDLE SURF, ETC.

DESIGNING YOUR LIFE  
hello@pillarsaura.com



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YOGA AND PILATES TEACHER  
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Accommodation + meals (not Saturday evening and Sundays)  
Yoga and meditation classes, morning and evening.

1.800€

SAMASTHI YOGA SCHOOL

www.samasthi.es



Certified by the  
Yoga Alliance International